## **Regional Olmstead Plan – Summary**

## Part 1: Comprehensive Service Area Integration Plan

- Focuses on sustaining the region without a state hospital
  - For those who were discharged as part of the closing.
  - For those who would have otherwise gone to the state hospital diversions.
- Sustained funding is important to support system needs and transformation priorities as identified by the Counties in their MH Plans.
- There are opportunities for improved coordination of services and discharge planning for people released from the Torrance Forensic Unit and those released from State Correctional Institutions when people are re-entering the community.
- We risk losing the recovery and stability that has been achieved.

## Part 2: Personal Care Home (PCH) Outreach and Integration Plan

- Many things need to be taken into consideration when choosing housing.
- Counties support an individual's choice when making this decision.
- The Counties feel that large PCHs are rarely the most community integrated settings for people with mental illness, and have policies in place to support this notion.
- The Counties currently conduct some outreach and quality oversight with PCHs.

## **Implementation Plan**

**Phase 1** – Identify and engage residents of large PCHs who are known to the Behavioral Health (BH) system.

- Refine the list of people known to the BH system who reside in large PCHs.
- Develop county-specific engagement approaches: who will do it, how they will do it, when they will do it.
- Develop training materials for wellness, social integration, and housing alternatives.
- Distribute materials to existing groups that currently interact with and engage these residents.
- Support these residents if they are interested in considering housing alternatives in smaller residential settings.

**Phase 2** – Strengthen the collaboration with PCHs to identify residents who may have mental illness and are not involved in services.

- Work with PCHs to collaborate on ways to identify people who reside in large PCHs earlier who may be new to the behavioral health system.
- Intervene and engage newly identified people in needed services and offer other appropriate housing options that support desired community integration.