

**Mayview Steering Committee
Meeting Summary
January 20, 2012**

Members Present: Karen Bennett, Terry Carik, Tim Casey, Jenna Cawthorne, Audra Dudek, Mary Fleming, Lea Ann Gerkin, Angela Harris, Carol Horowitz, Matt Koren, Rich Latsko, Carol Loy, Chris Michaels, Gerard Mike, Dawn Mueseler, Brandi Mauck Phillips, Wesley Sowers, Jan Taper, Joe Venasco, Dean Virgili, Kimberly Welsh

Members Absent: Dee Burgess, Laverne Cichon, Don Clark, Mary Jo Dickson, Darryl Holts, Nancy Jaquette, Austin Lee, Dave McAdoo, Edna McCutcheon, Karyl Merchant, Mary Jo Patrick-Hatfield, Ken Thompson, Pat Tickle, Valerie Vicari, Deb Wasilchak

Others Present: Debbie Duch, Community Care Behavioral Health; Sue Estroff, University of North Carolina; Katie Greeno, University of Pittsburgh School of Social Work; Courtney Kuza, University of Pittsburgh School of Social Work

1. Review of Minutes from September Meeting

No changes to the minutes of September 16, 2011 were identified. They will be posted to the MRSAP website.

2. State Updates

Audra Dudek reported that Phil Mader was appointed Director for Community Hospital Operations, and there were two staff departures. She also announced that the statewide budget address by Governor Corbett would be happening soon. There were no other updates to report, including no word on bulletins in process.

3. EAC / RTFA / Inpatient Reports

Community Inpatient Utilization

Tim Casey reported on the Community Inpatient Utilization report, which tracks admissions, length of stay and total in-patient days over time. Overall, admissions are on a downward trend; however, he noted there was a slight increase from Spring 2011.

Discussion followed regarding the loss of available inpatient beds in the region, which was a net decrease of 30 beds since 2009.

He also reviewed the LOS (length of stay) numbers and beds occupied by month, and discussed the inpatient census project which was initiated to improve tracking of inpatient admissions in multiple counties. AHCI has been working to engage regional counties and encourage hospital participation.

EAC/RTFA Reports

Tim reported on EAC utilization from 6/16/08 through 1/20/12, and noted the number of individuals on the waiting list had decreased by 25%. Discussion followed regarding the waiting list and reasons for the decrease, as well as the bottleneck in discharge from the TRU and CRU units. Discharged individuals are sent to different levels of care, and there is a challenge in finding appropriate

residential placement in the community; however, the CRU unit, which has 10 beds, had 100% turnover from July through December 2011.

Discussion continued on the reasons for different utilization in regional counties, and Mary suggested we include this as an agenda item at an upcoming meeting.

4. Olmstead Planning

Matt Koren gave an overview of the Olmstead planning. He said the workgroup has convened several times over the past few months. The plan will include the following topics:

- Review of the services developed from closure of Mayview State Hospital
- Review of how to maintain region without a state hospital
- Review of the diversion population
- Personal care home outreach and integration plan (working with counties to refine list of PCHs and MH consumers)

Matt discussed some of the features of the PCH policies in the Mayview Counties. The Steering Committee discussed the importance of relationships that case managers have with individuals who reside in PCHs to support outreach in this capacity.

The Committee also discussed the initial PCH intake and assessment processes, and the importance of cultivating relationships with PCH owners, including a plan to address outreach. Members discussed other factors, including requirements for staff training and whether a regional or county-specific approach would work best. It was decided that Counties would develop and coordinate their own outreach plans.

Mary Fleming brought up two main issues: 1) a focus on who is living at the homes and their needs, and 2) outreach to people not engaged in services. A suggestion was made to conduct a satisfaction survey for residents.

Other points brought up for discussion were how to sustain what is currently in place given the state budget cuts, and consideration of special and diversion populations. The diversion population criteria were reviewed, as well as housing issues, such as in-home services and the need for supported housing. The PACE program was mentioned as one that services the dually eligible population in a holistic manner; Project Transition was also referenced as a program that Allegheny County has tried to bring to Western PA.

5. CSP Tracking

Matt Koren reported that AHCI currently tracks Mayview CSPs and produces reports on a monthly basis. He added much of the information tracked rarely changes on a monthly basis. AHCI has been thinking about ways to streamline the reports, including reducing the frequency to quarterly and removing duplicate data sources, while retaining criminal justice measures and possibly adding physical health measures. In addition, making the narrative optional may also streamline data entry.

6. University of Pittsburgh Discharge Study

Katie Greeno reported on the status of the Mayview Discharge Study, now in its third year of data collection. She said phase one of the study, which covers the first two years post-discharge, is complete, and they are now focusing on phase two, which covers years three and four post-discharge.

She distributed a progress report, which provides a brief summary to date and describes this year's three main activities:

- 1) First two years of study (Phase One) completed
- 2) Re-establishing and augmenting the sample of participants
- 3) Continued data collection

She noted that overall the results were positive, with 60% of participants meeting the criteria for remission; however, their quality of life has remained stagnant. They were finding that people felt safe and comfortable, but not necessarily fulfilled. Because of natural attrition for this type of study and to ensure the best representation possible, they augmented the original study group and now have 75 participants.

Discussion followed regarding helping people make social connections and building relationships, and whether it was appropriate to encourage people who didn't necessarily want to make these connections. Two topics of focus for this phase of the study are building and rebuilding relationships, and promoting meaningful activity. Physical healthcare of the participants was also discussed.

7. New Business

Audra reported that the bulletin regarding the six-medication limit went out on January 3, but they have not had any feedback yet on the impact. She encouraged members to let her know if they learn of any problems or issues.

8. Topics for the next Steering Committee and Stakeholder Meeting – May 18, 2012

Mary announced plans to focus on Olmstead for the May 18th meeting. OMHSAS Dep. Sect. Blaine Smith will be invited to attend.

9. Adjournment

There being no further business, the meeting was adjourned. The next meeting will be held on May 18, 2012 from 10:00 a.m. – 12:00 p.m., followed by the Stakeholders' Meeting from 1:00 – 3:00pm at the **Green Tree Doubletree (formerly Radisson)**.