

**Mayview Steering Committee
Meeting Summary
April 15, 2011**

Members Present: Tim Casey, Jenna Cawthorne, Laverne Cichon, Audra Dudek, Mary Fleming, Lea Ann Gerkin, Angela Harris, Darryl Holts, Matt Koren, Austin Lee, Carol Loy, Gerard Mike, Sharon Miller, Brandi Mauck Phillips, Rick Rach, Wes Sowers, Jan Taper, Patricia Valentine, Joe Venasco, Valerie Vicari, Dean Virgili, Deb Wasilchak, Kim Welsh

Members Absent: Karen Bennett, Dee Burgess, John Carran, Mary Jo Dickson, Mary Jo Patrick-Hatfield, Carol Horowitz, Nancy Jaquette, Ray Jaquette, Dave McAdoo, Donna McCurdy, Edna McCutcheon, Karyl Merchant, Chris Michaels, Carol Rico, Shirlee Hopper-Scherch, Ken Thompson, Pat Tickle

Others Present: Sue Estroff, University of North Carolina; Katie Greeno, University of Pittsburgh School of Social Work

1. Review of Minutes from February Meeting

No changes to the minutes of February 18, 2011 were identified. They will be posted to the MRSAP website.

2. State Updates

Val Vicari updated the Committee on state issues and welcomed Audra Dudek as the new Community Program Manager at OMHSAS.

There have also been several staff resignations and retirements within OMHSAS,

Service Area Planning (SAP) meetings:

OMHSAS asked for a presentation on the Mayview closure at the State Hospital Service Area Plan meetings across Pennsylvania. Two presentations by AHCI and PSAN staff have occurred to date, and both were very well received. The upcoming presentation at Warren State Hospital will be particularly challenging due to strong family advocacy in favor of a state hospital, as well as staff and board ties to the institution.

Discussion ensued regarding the our region's culture of community-based recovery that stems from the closure of multiple hospitals in our area – not just Mayview, and the responsibility of the MRSAP administrators in communicating this standard as part of the Olmstead Plan. Brandi offered to accommodate anyone on the Committee who would like to participate in the presentations going forward. AHCI will send out a follow up e-mail calling for volunteers. Upcoming meetings include:

April 27: Torrance
May 2: Norristown
May 11: Wernersville
May 20: Warren

Other updates:

- RFP for privatization of forensic units at Torrance and Norristown
- Psych Rehab will not be added to the State Plan. There was discussion as to whether or not MATP could still be used for transportation to a non-supported program such as Psych Rehab.
- As a cost containment measure, OMAP presented a plan to prescriptions (behavioral and physical health) to six scripts per individual – applies to entire MA population.
- Discussed Act 152 funds not being included in the State Plan and the implications on drawing down Federal funding and concerns over SCA costs.
- The state continues to work on the case management bulletin.

3. Future of Steering Committee

Matt Koren updated the Committee on the workgroup that met to discuss the future of the Steering Committee and the continuation of tracking individuals. Topics discussed by the workgroup included meeting frequency, tracking individuals discharged from Mayview, and continuation of annual updates for CSPs.

The recommendations of the workgroup include:

- Committee should focus on regional issues
- Meet quarterly
- Consistent purpose of regional plan
- Consistent presence by each county at meetings
- Be flexible: as issues are identified, invite individuals with specific knowledge to meetings with that focus
- Continue to be data-driven
- Continue with current 5-county region
- Continuation of annual stakeholder’s meetings

Discussion ensued regarding possible expansion of individuals currently monitored beyond the state hospital and looking at how other communities are faring, as well as the importance of benchmarking our progress against national trends.

Val commented that she would support the consensus of the group in terms of how they want to proceed. Mary announced that we would be sending out a list of quarterly meetings, which will continue to be held on the third Friday. The next meeting will be Friday, June 17 at the Green Tree Radisson and will be followed by the stakeholder’s meeting from 1:00 – 3:00pm.

4. Monthly Tracking Discussion

The workgroup also met to discuss the continuation of monthly Community Support Plans (CSP) tracking. Their recommendations follow:

- Continuation of monthly CSPs with annual updates
- Importance of this information in monitoring progress and services
- Proposed reviewing and refining the tracking process
- Discontinuation of QIO Committee following next meeting

- Proposed improvements to CFST Satisfaction Surveys and better ways to disseminate information to county and providers – one suggestion was to look into and possibly model after the IM4Q process

Committee members discussed the role of the QIO Committee and information provided by the CFST Satisfaction Surveys. Plans are for AHCI to convene a workgroup to brainstorm improvements on current method of disseminating information.

5. EAC / RTFA / Inpatient Reports

EAC Report

Tim Casey reported that since 6/16/08, 246 individuals have been discharged from EAC with an average length of stay of 147.43 days. For those members currently in the program the average length of stay is 118.28 days. Overall, those admitted experienced an average length of stay on the waiting list of 64.86 days. The good news is that the total average time spent in the system has decreased since October 2010.

Questions arose regarding the process for being put on the waiting list, which is after the referral and disposition meeting. The supporting documentation distributed to the steering committee after the meeting showed the number of individuals admitted and diverted. Discussion ensued regarding EAC capacity and discharge planning which is currently being reevaluated through the ACSP process.

RTF-A Report

Tim reported that since 9/4/08, 321 individuals have been discharged from RTF-A with an average length of stay of 55.78 days. For those members currently in the program the average length of stay is 51.80 days. Overall, those admitted experienced an average length of stay on the waiting list of 18.85 days.

Community Inpatient Utilization Report

Tim reported that for the region, inpatient admissions, as well as readmissions, per month have slowly decreased over the period (July 2006 – January 2011). The average length of stay has trended upward, while the median length of stay usually falls within five to six days. Admissions outside of Allegheny County continue to vary more widely, however a downward trend is apparent in recent months.

Discussion followed regarding the calibration period and how these statistics appear over time, as well as the “inpatient culture” and how to operationalize cultural differences which are difficult to quantify. Also discussed was culture change in terms of policies, attitudes and education - although studies have shown that increased education on mental illness does not necessarily change how people feel about mental illness. Also discussed were studies that indicate that a bad economy tends to increase hospitalizations. Sue Estroff agreed to send information on studies that have addressed this issue to Tim Casey. A suggestion was made to try to drill down in these reports for additional detail, which will be considered for the next report.

6. Transition Team Briefing Report

This report was initially submitted to the Committee for comments and review in February and is now complete. Mary announced that we would be sending out an electronic copy and will mail additional hard copies as requested.

7. Update on University of Pittsburgh Study

Katie Greeno reported that they had completed the 1st phase of the study, which had followed individuals discharged from Mayview for the past two years. Standardized assessments are conducted every six months, along with field notes from the interviews completed every three months. The participation rate has been good, however the challenge is connecting with the individuals who are not doing as well. Overall, people are holding steady with some improvement. Katie commented that some individuals were in jail, and that at times access to these individuals is difficult. Counties will provide assistance in accessing these individuals where possible.

Katie also requested doing an information presentation to CTTs where she could explain the project and discuss their cooperation and assistance in connecting with certain individuals. Kim Welsh agreed to help facilitate this.

The first draft of Pitt evaluation study is expected in mid-May.

Discussion followed regarding the difficulties and limitations of community placement for individuals with a sex offense background and the possibility of a sex offender court program in Allegheny County specifically designed for this population.

8. Outline for Two Year Report

Matt presented an overview of the Two Year Report outline, which is being developed to summarize the experiences of the two years since Mayview State Hospital closed. AHCI will use a variety of data sources, including interviews with consumers, advocates and peer mentors, and the report will be shared at the June stakeholders' meeting, as well as with other counties and state officials. Key topics include:

- Are people discharged as part of the closure doing well?
- How has the regional service system evolved?
- Conclusion and future plans/direction

Suggestions were made to include employment data and health status, with a breakout of physical and behavioral health.

9. Topics for Upcoming Steering Committee Meeting and Stakeholder Meeting – June 17, 2011

Mary reported that plans for the June Steering Committee meeting currently include discussions on tracking and budget issues. Another suggested agenda item was involuntary outpatient commitment.

Suggested topics for the stakeholders meeting include:

- State of the State presentation, including the Olmstead Plan and our experience at the SAP meetings.
- Overview of Two Year Report
- Panel discussion with peers on social / community inclusion
- Discussion of community without state-run hospital and regional opportunities
- Update on University of Pittsburgh Study

An agenda for the June 17th stakeholder meeting will be drafted and forwarded to the Committee.

10. Adjournment

There being no further business, the meeting was adjourned. The next meeting will be held on Friday, June 17 from 9:00 a.m. – 12:00 p.m. at the **Green Tree Radisson.**