



# Lawrence County

**Mental Health Program**

**HOPE**

**ENCOURAGEMENT**

**NEW VISION**

**RECOVERY**

**CHOICES**

**SUPPORTS**  
**OPPORTUNITIES**

# Vision:

Our vision is for the people we serve to be empowered, to have control of their lives, to have a sense of hope and self-determination, to live and work independently, and to have opportunities which strengthen their individual recovery process.

# What's This All About?

Lawrence County's immediate goal is to develop support services for the people we serve which are personal in nature that promote recovery.

Support builds hope



Hope supports recovery

Toward this goal, the following services are planned for development.

## Rep Payee Program / Community Support

- A consumer serves as the coordinator
- Acts as a “Rep. Payee” to assist people with budgeting and bill paying (rent, utilities, ect.)
- Helps others to learn better money management and budgeting skills
- Consumers can learn how to expand their purchasing power

## Rep Payee Program / Community Support

- Coordinator shares information about free community and financial supports such as “energy assistance, rent rebate programs, food distribution programs, tax credits, and more”.
- Consumers become financially independent
- Learn how to tap into community resources
- A person’s recovery plan is strengthened

## “Blended” Case Management Services

- People are more comfortable with people they're familiar with
- No more switching case managers as a person's needs change
- People's needs and preferences are better met this way

## “Blended” Case Management Services

- An important benefit for adolescents going into the adult system...keeps the same case manager.

**Consistency is the better way!**

- The goal here is to enhance a person’s recovery process



# New / Planned Housing Services

## Enhanced / Transitional Housing:

- A three (3) bedroom house for consumers during a transitional period of time
- A vital piece in the recovery process for people during a troublesome time
- People occasionally need temporary housing at various points in their recovery process

# New / Planned Housing Services

- ICM assigned to a consumer
- “Mobile Meds” program delivers needed medication to the person
- Staff support is provided to assist people with their daily needs
- Rent, utilities, food, supplies are paid for
- Assistance given to help people find permanent housing
- Assistance given to help people access various community resources

# Subsidized Rental Assistance

- Being planned for five (5) or six (6) people
- Can't afford to pay rent is a big problem
- Involves the local housing coalition, MH system, and the Community Action Program (CAP) agency
- Consumers want more choices as to where they want to live
- Would subsidize the monthly rent/utilities for up to two (2) years
- Would provide some assistance with budgeting, household chores, grocery shopping, ect.

# Subsidized Rental Assistance

- Case managers would be available to all
- Will provide assistance with gradual transition to government funded subsidies (local Housing Authority)
- Assistance with community supports to enhance a person's recovery process
- Opportunity for full community involvement

# “Next Step”

## Relocation and Expansion

**A focus on physical wellness and recovery.**

- Members with assistance from consumer staff make decisions about policies, processes and procedures as a group effort.
- Members will run a thrift store to benefit each other. Will seek donations from the community to maintain stock.
- Members will cook a healthy lunch everyday to benefit each other.
- Members will do fundraising for special events.



# “Next Step”

## Relocation and Expansion

Multiple education opportunities are provided each day, this includes classes such as:

- GED classes
- Computer skills
- Adult Literacy – reading, math, spelling
- Personal Finances
- Career Development
- Members are expected to do a minimum of 4 hours a month in classes.

# “Next Step”

## Relocation and Expansion

- A gym with exercise equipment will be available on site for members.
- Members must have physical exam each year and permission from their physician to use gym.
- Aerobic exercises, yoga and light weights are also included with gym.
- Showers and lockers are on site.



# “Next Step”

## Relocation and Expansion

- The center will have a van for member to take trips, errands and attend meetings, conferences and workshops.
- Members volunteering their time will receive credits for their volunteer time that can be used in the thrift store, for trip fees and other events.
- The center will host the local CSP meetings.