

Assessment and Discharge Activities

Mayview Regional Service
Area Plan Project (MRSAP)

March 17, 2006

Who is the Committee?

A designated group of stakeholders
that includes
consumers, families, and
professionals from the
community and state hospital

Committee's Goals

- Develop the assessment tools and design the assessment process
- Coordinate, oversee, and facilitate the assessment process
- Develop and monitor the community support planning (formerly known as discharge planning) process

Assessment Activities

October 2005 – February 2006

1. Three assessment tools were developed (consumer, family, and clinical assessments)
 - Questions focus on consumer preferences and supports needed (NOT on fitting consumers into existing programs)
2. Interviewers were trained
 - Each County's Consumer/Family Satisfaction Team conducted the consumer and family assessments

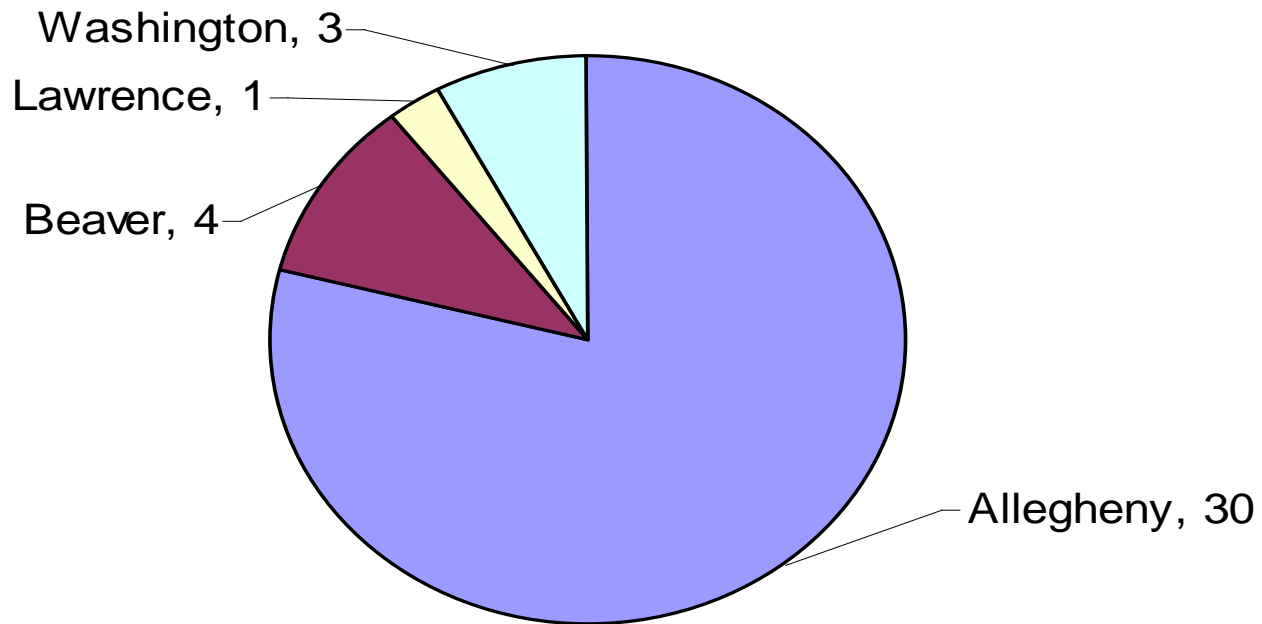
Assessment Activities

October 2005 – February 2006

3. Patients received an orientation
4. Orientation letters and consent forms were mailed to family members
5. All assessments completed in 6 weeks:
 - 38 clinical assessments
 - 35 consumer assessments (3 individuals refused to participate)
 - 18 family assessments (3 individuals had 2 family members each participate)

Number of Consumers for Assessments, by County

Total: 38 consumers



Assessments: Housing Preferences

How much do you want/do you recommend each of the following living arrangements?

Percent who answered “very much”	Consumer	Clinical	Family
Independent setting by self	40%	5%	11%
Independent setting with family	49%	8%	6%
Independent setting with roommate	23%	8%	22%
Transitional group setting	26%	34%	39%
Permanent group setting	17%	71%	44%
Nursing home	6%	5%	6%

Assessments: Preferences and Recommendations on Working

- 54% of consumers would like to have a paying job
- 33% of family members recommended a paying job
- 21% of clinical teams recommended a paying job

Assessments: Preferences and Recommendations on Volunteering

- 23% of consumers would like to have volunteer work
- 44% of family members recommended volunteer work
- 21% of clinical teams recommended volunteer work

Assessments: Relationships with Family and Friends

- 63% of consumers said they had family members they wanted contact with
- A small % of individuals have relationships with friends they want to maintain

Assessments: Supports

- Each assessment included a long list of areas consumers might need help with.
- For each area, consumers state if they want daily, weekly or no help. Family members and clinical teams recommend daily, weekly, or no help.
- For each area, respondents can also check if help is needed before and/or after discharge.

Assessments: Support Areas

- Cooking, cleaning, shopping, personal hygiene
- Personal safety, learning the neighborhood, taking bus
- Getting a job, going back to school, finding things to do
- Making friends, meeting family, connecting with religious center, self-help groups
- Following a schedule, keeping appointments, getting medical care
- Getting mental health, drug and alcohol treatment
- Getting benefits, paying bills, payee services

Assessments: “Profiles” Based on Supports Needed

1. Consumers who **want frequent help** in many or most areas. Clinical teams (and family members) also recommend frequent help in most areas.
2. Consumers who **don't want help** in most areas, while clinical teams (and family members) recommend frequent help.
3. Consumers who **want help in specific areas**. Clinical teams (and family members) recommend help in specific areas.

Assessments: Supports for Families

- When family members were asked about specific supports they needed, the most common response was “I don’t need help.”
- Some were interested in linking with other families, learning about hotlines, family psycho-education, and understanding benefits like SSI.
- Over 50% wanted to learn more about dosage, side effects, and purposes of medications.

Developing the Community Support Plans (CSPs)

- Assessments are the basis of the CSP
- Consumers can invite whomever they want
- A **Facilitator** leads each meeting
- A **Recorder** documents each meeting
- The CSP includes a summary of the meeting and what needs to happen before the next meeting/before discharge
- The discharge won't occur until community services and supports are in place

CSPs: Timeline

- All consumers with assessments completed will have their first CSP meeting between February and mid-April
- 23 meetings held already (through 3/17)
- CSPs are very individualized
- Many will include gradual transition plans
- Meetings have been going smoothly

CSPs: Story #1

- S. has been in the hospital 20 years and has many fears about returning to the community. She doesn't know what to expect or what she wants.
- At her first CSP meeting, the group agreed that the first step towards discharge is to connect her with a case manager who can take her out into the community twice a week.
- The group will meet again in 6 weeks to see how this went and talk about what's next.

CSPs: Story #2

- J. has strong relationships with her family and would like to live close to them. Her family agrees.
- The clinical team initially recommended a personal care boarding home on the other side of the County because they thought it provided the right kind of support.
- At the CSP meeting, the group agreed that finding housing close to family would be the priority. Follow-up tasks were assigned.